

THE "CHALLENGE LAUNCH" 7 DAY CHALLENGE

DAY 3

Build It

Today's action item is Build It. It's so important to build all of your assets before your Challenge so you set yourself up for success. This includes deciding how many days your Challenge will be, the deliverables, how you'll deliver your Challenge, and when your Challenge will start.

After watching today's video, commit to a launch date! Grab your calendar and pick the date that you'll launch your Challenge. Planning this allows you to build all the assets you'll need for your Challenge ahead of time and create checkpoints for yourself on the different tasks to get done.



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What is the launch date of your Challenge? What are you committing to? After selecting your date, brainstorm the different assets you'll create so you can begin to plan and give yourself time to complete these before your launch.

